



## **Covid-19 Update**

22 December 2020

A new, more infectious variant of the Covid-19 virus is rapidly spreading across the UK. Therefore, the Prime Minister has announced the introduction of new restrictions in England. The devolved Nations, where health is a devolved matter, have also acted by introducing further restrictions to curb the spread of the virus.

A new Tier 4 was added to the English tier system. People living in the areas affected, such as London and the South East, are required to stay at home. To find out more about the Tier 4 restrictions please refer to [government information](#).

For registrants in Tier 4 or in lockdown areas, or who are unsure about seeing patients in person due to personal circumstances even if in lower tiers, we recommend that you follow [BPC guidance 5 and 6](#). Please note that Tier 4 regulations specifically mention that when delivered in person, '*...therapy or any other form of support ... must take place at a premise other than a private home.*' If you choose to continue to practice in person and from home, please ensure the premises are your registered business address and they are [Covid secure](#). If unsure, do check with your insurer.

We advise registrants [to check and follow the regulations that apply to their location](#), as there are significant differences depending on where they live and work.